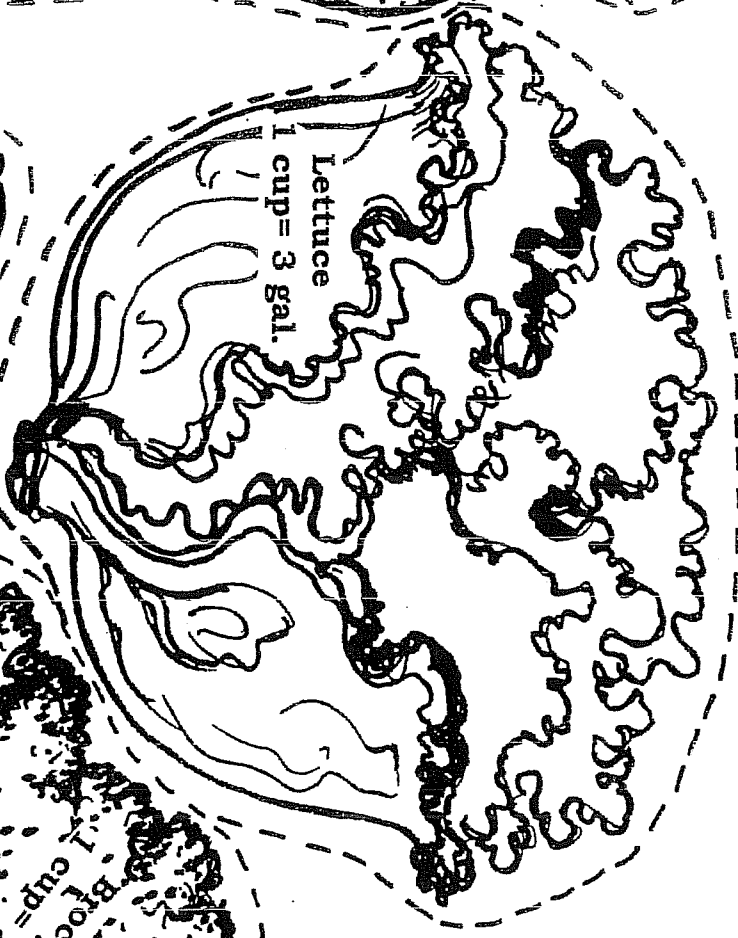
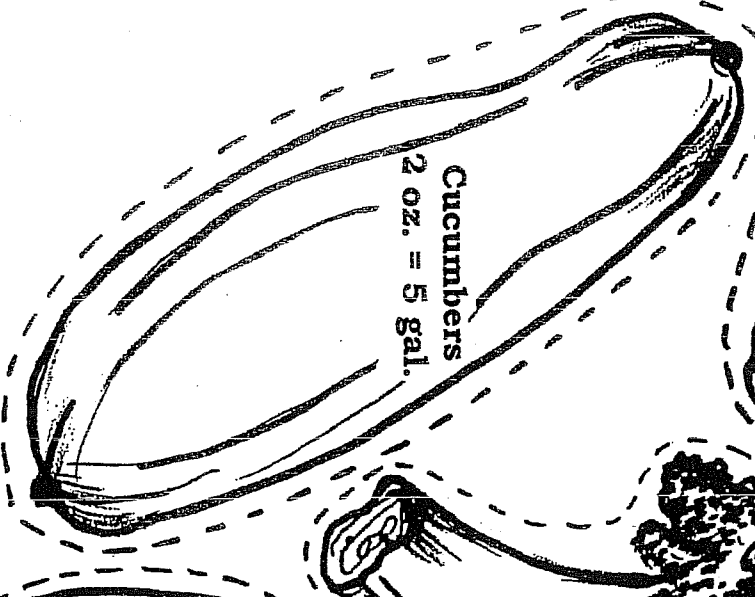


Carrots
4 oz. = 8 gal.



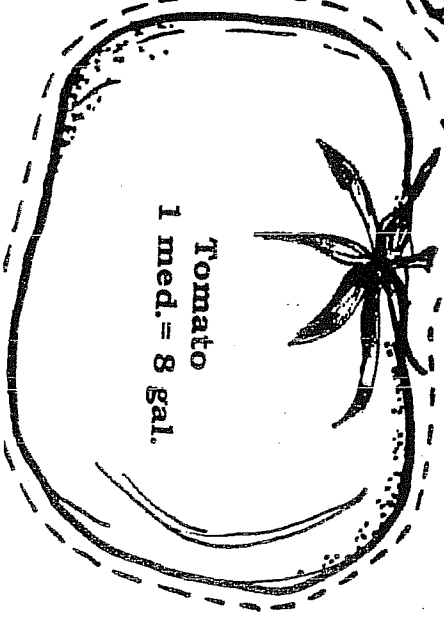
Lettuce
1 cup = 3 gal.



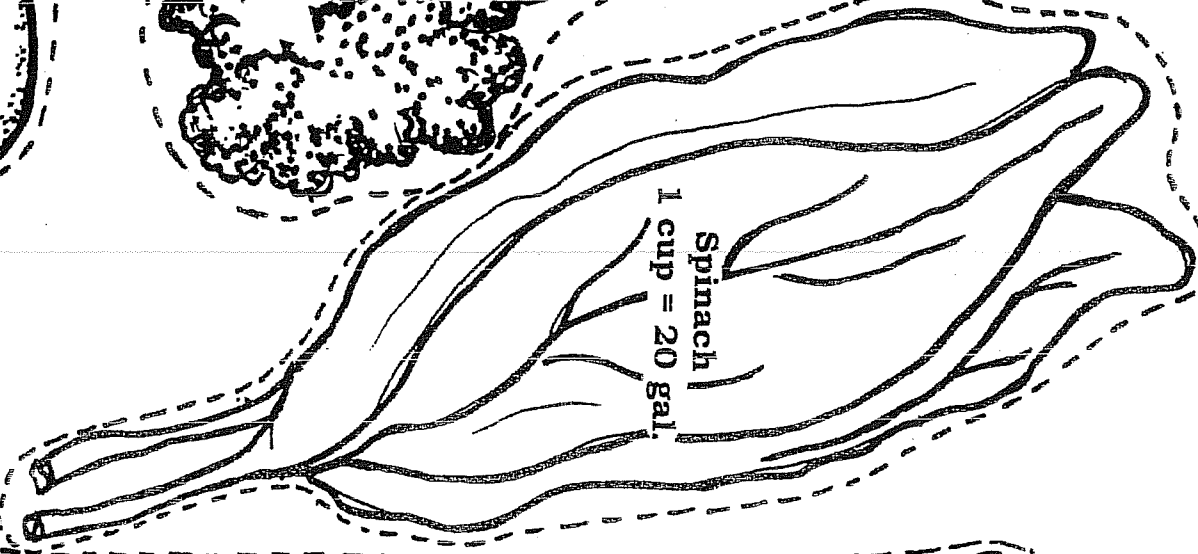
Cucumbers
2 oz. = 5 gal.



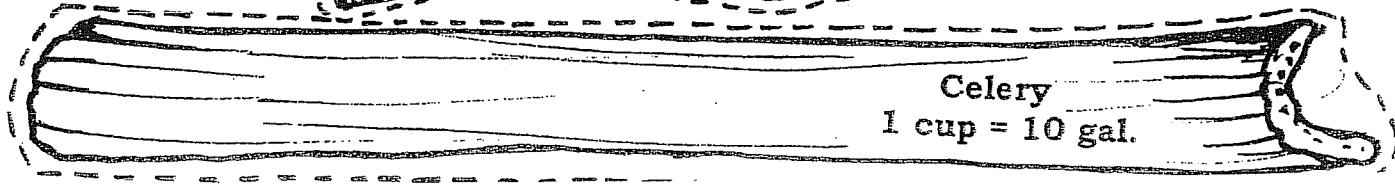
Broccoli
1 cup = 22 gal.



Tomato
1 med. = 8 gal.



Spinach
1 cup = 20 gal.



Celery
1 cup = 10 gal.